



THE REGENT SPA

Plus One Health Management Chosen to Oversee Downtown NYC Luxury Spa

The Regent Spa is now open to the public and offers a number of indulgent revitalization treatments for business and leisure travelers as well as local residents. Located in the five-star Regent Wall Street at 55 Wall Street, The Regent Spa offers luxurious treatments individually tailored by a handpicked team of specialists from Plus One Health Management (www.plusone.com), one of the premier spa management companies in the country.

With highly trained professionals providing care in a plush environment, The Regent Spa is an inviting cocoon dedicated to pampering men and women. While intimate, the spa offers four extra-large treatment rooms for esthetics, massage and body treatments, making for an airy feeling of calm.

Clients can enjoy a Sensory Lounge that instantly soothes frayed nerves. Like the spa's signature treatments, the lounge is designed with the Regent's particular philosophy of mind: 'luxury for all the senses.' Aromatherapy provides smell; a tranquility fountain and soft music supply sound; light food, juices and mineral water give taste; calming eye, neck pillows and herbal foot baths furnish touch; exotic flora and soft lighting enhance vision.

Treatments at The Regent Spa are designed to be made-to-order. From 'jet lag' to common fatigue, the spa provides replenishing relief with treatments that are innovative and special, including:

- The Regent Spa's Regent Reboot combines massage techniques and custom-blended oils to help release stress and toxins from head and shoulders. Lymphatic drainage, hot stones, aroma oils and deep tissue massage work to break-up tension, preventing the body from suffering 'meltdown.' The result: all systems go.
- The Jet Setter Rx is a zesty, aromatic scalp and full body massage treatment that quickly relieves stresses caused by the busy, globe-trotting lifestyle.
- Because male moguls working in the trenches of Wall Street also need to look their sharpest, a Gentlemen's Facial converts rough skin to a refined suppleness. The process involves gentle extraction to liberate blocked pores and a soothing mask to calm stressed-out skin. Waxing and eyebrow shaping are also available.

- As the Regent Wall Street is the site of so many magnificent and magical wedding parties—including that of Liza Minelli—The Regent Spa knows how to treat brides like princesses. The Bridal Transformation is 3 _ hours of 'royal' treatment, including a milk & honey wrap, facial, aromatherapy massage and french manicure. Also available is the Bridal Party Spa, a gift including massage therapies, body treatments, facials and products.

- The Urban Garden Facial begins with the inhalation of botanical extracts to quiet the mind and renew the complexion. Wrinkle producing pollutants are expelled from pores with a Lavendar and Orange Blossom fortified facial sauna while a massage is given to the face, neck and shoulders. Includes anti-oxidant mask, foot and hand massage and finishes with protective moisturizer treatment.

- The sweetest retreat of all is the Chocolate Fantasy, a decadent journey beginning with a gentle chocolate sugar exfoliation followed by a warm soak in rich milk and a honey wrap. The fantasy treatment is finished up with a gentle body rainfall.

The Regent Spa uses select product lines based on their purity and effectiveness. Naturopathica and Essentiel Elements provide the highest caliber of corrective, soothing care, and all can be purchased to take home.

After a nationwide search, Plus One was selected to provide the highest level of customer service with the integration of service standards that has made Plus One synonymous with excellence in the corporate fitness industry.

Plus One Health Management provides fitness training, physical and massage therapy, spa services, and fitness center design & management consulting for some of the finest organizations in the world. This includes a variety of 5 Star and 5 Diamond hotels, financial services firms, law partnerships, publishers, and hospitals. Founded in 1986, Plus One Health Management today employs more than 400 exercise professionals.